

June is Recreation & Parks Month!

Let's get Active Brantford! Help us celebrate Recreation & Parks Month.
Get involved in a variety of activities taking place across Brantford.

For more info: brantford.ca OR recandparksmonth.ca OR active2010.ca OR 519.756.1500 OR parksandrecreation@brantford.ca

JUNE 1: Seniors Fitness, 9-10am,
Beckett Adult Leisure Centre

JUNE 10: Tai Chi, 11am,
Beckett Adult Leisure Centre

JUNE 26: Public Swim, 5 - 7pm,
Woodman Park Pool

COMMUNITY CHALLENGE TO GET ACTIVE:

Join us for the Smelly Sneaker Fitness Challenge (spirited 20- min. walk), 12noon. Harmony Square! (See details on reverse of this flyer).

JUNE 17: Mini putt, 6 - 8:30pm,
Earl Haig Family Fun Park

***JUNE 27:** 3rd Annual Brantford Day at the Toronto Blue Jays, Toronto Rogers Centre, for more info: 519.756.1500

JUNE 18: Kids Summer Celebration Day, 9am - 12noon, Mohawk Park

JUNE 29: Summer public swim, Wayne Gretzky Sports Centre, 1:30 - 3:30pm

JUNE 3: 10 mile Bike Ride, 12noon,
TB Costain Community Centre

JUNE 21: Family Swim, 12:30 - 2pm,
Wayne Gretzky Sports Centre

***JUNE 5-7:** Walter Gretzky Street Hockey Tournament - BHI/Steve Brown Sports Complex, for more info: 519.756.1500

JUNE 23: Beginners 1 hour Yoga Class, 7:15am, Harmony Square

JUNE 30: Beginners 1 hour Yoga Class, 7:15am, Harmony Square

JUNE 9: Yoga Class, 10:15am,
Wayne Gretzky Sports Centre

JUNE 25: Core conditioning class, 12:10pm, Wayne Gretzky Sports Centre

**not a free event and requires registration*

Other JUNE activities include...

- > Enjoying our trails! After all, we have 60km of recreational trail to use!
- > DISC GOLF at Mohawk Park, free, fun & all in the shade for those hot days!
- > Activities in Harmony Square - Visit us at harmonysquare.ca for details!
- > Bell Homestead: outdoor theatre, Summer serenades & so much more...



SMELLY SNEAKER COMMUNITY CHALLENGE TO GET ACTIVE!



Monday June 1, 12noon

Join us at Harmony Square, for a 20-minute spirited walk, in support of June is Recreation & Parks Month & in support of a healthier Brantford!

Brantford residents, schools, businesses, and workplaces are invited to participate at their location or join us at Harmony Square! If you would like to record the number of participants at an individual event that you hosted, please contact us at Parks & Recreation.

For more info. call 519.756.1500 or e-mail parksandrecreation@brantford.ca

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