

# NEIGHBOURHOOD NEWS



...making a difference in our community

## Earth Hour 2010

Switch Off your lights for one hour  
Saturday March 27th, 8:30pm  
[click here](#)

BRANLYN NEIGHBOURHOOD ASSOCIATION  
BASEBALL REGISTRATION [www.branlyn.ca/](http://www.branlyn.ca/)



The Prince Charles Neighbourhood Association would like to extend a huge thank you to Rob Haw who faithfully created and maintained our outdoor rink for 6 years.

The Association is interested in purchasing a snowblower for our rink. If you know of anyone who has one for sale/donate please contact Chris Tolhurst at

[princecharlesneighbourhood@rogers.com](mailto:princecharlesneighbourhood@rogers.com)

On behalf of myself, and our Association we would like to thank those involved in setting up our swim night.

Chris Tollhurst, President  
Prince Charles Neighbourhood Association

## MOM2MOM SALE

Saturday, April 24, 2010

8:30 a.m. – 12 noon

St. Gabriel School – Gymnasium  
14 Flanders Drive

FREE Admission and Door Prizes

Interested in being a vendor? Do you have toys, clothes or furniture to sell?

Rent an 8' table for \$20

or two 6' tables for \$30

Tables are reserved for vendors selling their gently used children's articles.

If you are a vendor you are welcome to donate a door prize or provide material for goody bags.

Call Deanna to book your table at

519-304-3404 or email [dbasso@rogers.com](mailto:dbasso@rogers.com)

## SPRING MEETING – OPEN TO THE PUBLIC

Wednesday, May 5<sup>th</sup>

7 – 9pm

St. Gabriel School – Library

## BIKE RODEO

Saturday, May 29, 2010

9:30 a.m. – 12:30 p.m.

St. Gabriel playground

This is an opportunity to have your child's bike checked professionally, learn bike safety rules and test their bike handling skills.

All ages welcome.

# Neighbourhood Association Pool Party

Saturday, February 27 was an evening of success with the Neighbourhood Association Pool Party. A total of 47 went swimming and another 20 people were there as guests.

The award recipients were:



**LISA STEWART** has been treasurer and vice president of Prince Charles NA for over 8 years. She has also been on the Neighbourhood Association Advisory Board and is responsible for organizing a Halloween Haven each year.

**CHRIS TOLHURST** has been an active member of the Prince Charles NA for 5 years serving as rink chair and president.



**DON DAGENAIS** has served as vice president and rink chair for 5 - 6 years. Don has always been there for the Association in any capacity needed, to plan, execute and clean up after events. Don has great organizational skills and comes with a wealth of knowledge from previous experience in running events, working with management and being a great partner through everything (all the ups & downs) is truly appreciated. He is there whenever you need him.



**PAUL MOMBOURQUETTE** has been rink chair and president of Moose Park NA for 15 years. Paul has also been on the Neighbourhood Association Advisory Committee for a number of years.



**ROGER BIRCH** has served 5 years as rink chairman for the Centennial NA. He has been flooding and helping out for 8 years and will always help when called upon.



**KATHY PRYMAK** has been involved with Branlyn Neighbourhood Association for at least 10 years. She has been president, past president, adult convener, lottery & gaming director, secretary, and director. Kathy is always available whenever you need extra help.



**ROB POPE** has served as rink chair for 3 years and helped his father in flooding the rink for Brier Park NA.



## Introduction

### ***Background on the Ministry of Health Promotion's approach to Healthy Communities***

The Ministry of Health Promotion is working together with communities to achieve a vision of *Healthy Communities Working Together and Ontarians Leading Healthy and Active Lives*.

This approach to building healthy communities will:

- Improve health and well-being, reduce risks to good health and save health care costs;
- Promote partnerships between health promotion organizations and networks;
- Align provincial, regional and local efforts and leverage joint investments;
- Integrate and transform current Ministry of Healthy Promotion programs to support the ministry's goals and new directions;
- Make it easier for communities to access services from MHP.

The Healthy Communities Fund (HCF) encourages organizations to work together to address multiple risk factors to good health, in support of the Ministry's core priorities. These include physical activity, sport and recreation; healthy eating; mental health; reducing tobacco use and exposure; preventing alcohol/substance misuse; and preventing injuries.

The HCF includes three main components:

<b><u>Healthy Communities Fund (HCF) Grant Stream</u></b>	<b><u>Healthy Communities Partnerships (HCP)</u></b>	<b><u>Healthy Communities Consortium (HCC)</u></b>
Provincial and local community-based organizations can apply for funding to develop and deliver health promotion initiatives in partnership with other organizations.	Promote coordinated planning and action among community groups to create policies that make it easier for Ontarians to be healthy.	Health promotion resource centres will provide training and support to build capacity for those working to advance health promotion in Ontario, including local partnerships and organizations that apply for funding through the HCF

For organizations interested in applying to the HCF for local/regional or provincial initiatives, please refer to the attached guidelines and accompanying application form.

For more information about Healthy Communities Partnership or support from the Healthy Communities Consortium, refer to MHP's website at [http://www.mhp.gov.on.ca/english/healthy\\_communities/default.asp](http://www.mhp.gov.on.ca/english/healthy_communities/default.asp)

## GRANT OPPORUTNITIES



By providing funding to non-profit organizations, the New Horizons for Seniors Program helps to ensure that seniors can benefit from, and contribute to, the quality of life in their communities, through active living and participation in social activities.

The Program funds projects that help improve the quality of life for seniors and their communities – from enabling seniors to share their knowledge, wisdom and experiences with others, to improving facilities for seniors' programs and activities, to raising awareness of elder abuse. For more information:

[http://www.rhdcc.gc.ca/eng/community\\_partnerships/seniors/index.shtml](http://www.rhdcc.gc.ca/eng/community_partnerships/seniors/index.shtml)

RECREATION AND  
PARKS ARE  
ESSENTIAL TO  
QUALITY OF LIFE

## Make the Impossible POSSIBLE By Bill Strickland

As president-CEO of Manchester Bidwell Corporation and its subsidiaries, Bill Strickland builds partnerships to help the disadvantaged build a better future. He's also the author of *Make the Impossible Possible*, which includes his story of how a kid from Pittsburgh's ghetto would go on to lecture at Harvard and serve on the National Endowment of the Arts board. The MacArthur Fellowship "genius" award winner is also founder of the Grammy-winning MCG Jazz, the most successful jazz subscription series in America.

**“A successful life is not something you simply pursue; it is something that you create, moment by moment.”**

- Bill Strickland

To learn more about Bill Strickland visit his website at

<http://www.bill-strickland.org/>

## Neighbor Power by Jim Diers.

**In Neighbor Power: Building Community the Seattle Way**, Diers chronicles how the Department of Neighbourhoods has involved tens of thousands of neighbors in the development of scores of community-driven plans and 3,000 neighbourhood self-help projects. The book not only gives hope that participatory democracy is possible, but it offers practical applications and invaluable lessons for ordinary, caring neighbours who want to make a difference. It also provides government officials with inspiring stories and proven programs to help them embrace neighbourhood activists as true partners.

To learn more about Jim Diers visit his website at

<http://home.comcast.net/~jimdiers/bio.html>

# MARCH BREAK FUN

## March 15 - 19, 2010

### Community Centre Day Camps

Ages 5 – 12 years

**Woodman Park**

**Doug Snooks Eagle Place**

**T.B.Costain/SC Johnson**

**Branlyn**

Five fun filled days of activities including crafts, sports, games, and lots of other special events

**TIMES** – 9 a.m. – 4:30 p.m.

(free extended care from 8 – 9 a.m. and 4:30 – 5:15 p.m.)

**COST** - \$26.25/day or \$115/week (trip fee \$7.00)

**There's no reason to be bored this March Break!**

**CALL 519-756-1500 to register**



### Bell Homestead

#### March Break Camp

Ages 5 – 11 years

Alexander's Adventures at the Bell Homestead National Historic Site. Enjoy activities just as Alexander Graham Bell did, such as science, travel, and country living.

**TIME** – 9:00 a.m. – 4:00 p.m.

(Children may be dropped off after 8:45 a.m. and must be picked up by 4:15 p.m.)

**COST** - \$20/day, \$10/half day

Wayne Gretzky  
**SPORTS  
CENTRE**

### Recreational Swims

**Monday to Friday**

1:30 p.m. – 4 p.m.

**Tuesday and Thursday**

7 p.m. – 8:30 p.m.

**Friday**

7:30 p.m. – 9:30 p.m.



### Multi Level Swim Lessons

**COST** - \$52 (registration deadline: Wednesday, March 10, 2010)

**Times:**

**9:00 – 9:45 a.m.**

**9:15 – 10:00 a.m.**

**9:45 – 10:30 a.m.**

**10:00 – 10:45 a.m.**

**10:30 – 11:15 a.m.**

**10:45 – 11:30 a.m.**

For more information regarding class times call the Wayne Gretzky Sports Centre at 519-756-9900 or visit

[www.brantford.ca/gretzkycentre](http://www.brantford.ca/gretzkycentre)



# Check it out We offer...

## Late Spring Swim Registration

Wednesday, May 19  
6:00 – 8:00 p.m.

Lessons run twice a week for 4 weeks  
Mon/Wed or Tues/Thurs

NOTE: Registration Number Applications will  
be accepted starting

Wednesday, April 28<sup>th</sup> at 8:00a.m.

Applications can be dropped off, mailed in, e-  
mailed or faxed (519-759-4222)

Or you can click on the link for the application  
and send it online.

[www.brantford.ca/gretzkycentre](http://www.brantford.ca/gretzkycentre)

## Group Training

Just bring yourself to this 8 week program  
and we'll find the rest of the group. Much like  
a personal training session with a certified  
personal trainer you will work in small groups  
of 6 instead of one on one. This session  
offers all the benefits of a personal training  
session without the cost!

NEXT SESSION: March 25 for 8 weeks

TIME: 5 – 6 p.m.

COST: \$69.30

Please register 10 days in advance



## Silver Swimmers

It's never too late to improve your swimming  
or learn a new technique. This program is  
designed for non-swimmer seniors and  
seniors who want to improve their strokes.

DATE: April 9 – 10a.m. – 10:45 a.m.

COST: \$84 for 10 weeks

## Preschool Play and Swim Program

Moms and Dads, join us in our activity room  
with your little one, for some fun and games  
(and plenty of exercise), followed by a  
swimming lesson in our pool.

Sneakers a must.

## “Don't Miss the Boat”

### B.O.A.T. COURSE

Learn the proper procedures for operating a  
boat with a motor so you can stay safe out on  
the water!

FULL COURSE: Monday April 26 and  
Wednesday April 28

6:00 – 9:00 p.m.

COST: \$61 + \$15 for study guide

Please register 24 hours in advance.

NOTE: Exam Only cost \$29



Call 519-756-9900 for more information  
Or visit [www.brantford.ca](http://www.brantford.ca)

# Tournament Capital of Ontario

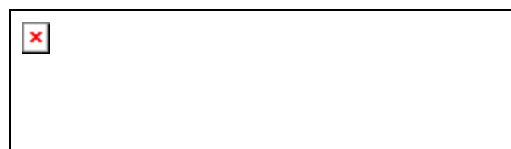


## WALTER GRETZKY STREET HOCKEY TOURNAMENT



**June 4 – 6, 2010**

To register a team call  
Ball Hockey International at  
519-759-2255 or online at  
[www.bhibrantford.goalline.ca](http://www.bhibrantford.goalline.ca)



Brantford Day at Blue Jays Game  
September 25, 2010  
Toronto Blue Jays  
VS  
Baltimore Orioles  
COST: \$55  
Package includes: ticket,  
transportation & t-shirt.  
For tickets phone: 519-756-1500

## Mom to Mom's Garage Sale

May 29, 2010  
8:00 a.m. – 12 noon  
TB Costain/SC Johnson  
Community Centre  
16 Morrell Street

Here is a great opportunity to find new  
and used baby, toddler and children's  
clothing, footwear, toys, book, furniture  
and much more.

Over 46 vendors.  
To register call  
Mary Jane at 519-752-5509



**15<sup>th</sup> Annual Barn Sale**  
**Saturday May 29<sup>th</sup>**  
**8:00 a.m. – 12 noon**

You'll find lots of great bargains at our  
annual rummage sale! Proceeds from  
the sale benefit future site restoration  
activities.