



ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Check out our Activities Calendar - we hope it			1	2	3	4
helps keep you, your family and your friends Active, Smiling & Having Fun! brantford.ca/HealthyKids			Happy Canada Day! Sing O Canada with your Family on the Porch at 12:00 p.m. (noon)	Bake cookies and make ice cream sandwiches	Write and illustrate your own book	Make a robot from items in your recycling bin – make sure to wash them first!
5	6	7	8	9	10	11
Plant a butterfly garden using flowers that attract them	Research a new food to try - have you heard of a grapple?	Collect rocks and paint them with inspiring messages to leave on your front lawn or in your garden	Go for a walk or run!	Make a sidewalk chalk mural	Fancy Friday - Dress Up in your favourite summer outfit for dinner	Plan your own summer family Olympics in your yard
12	13	14	15	16	17	18
Set up an ice cream sundae buffet for after lunch or dinner	Learn to sew – use watch Youtube videos for some help!	Make one or more pine cone bird feeders	Make your own popsicles using fresh fruit and then try them out!	Create three- dimensional buildings using toothpicks and mini marshmallows	Have a game night under the stars	Have a luau in the backyard or on your porch with family
19	20	21	22	23	24	25
Go for a walk on the trails. Remember to stay 6 ft. from others!	Assemble a family cookbook with all your favorite recipes	Paint with ice by freezing ice cube trays with washable tempera paint	Learn some new dance moves with a friend using Facetime, Whatsapp or Zoom	Create an obstacle course in your yard	Have a family water balloon toss competition	Catch fireflies in a jar (mark sure the jar has holes) and then let them go at the end of the night
26	27	28	29	30	31	
Have a tea party outside	Take a virtual knitting class	Try yoga in the yard	Bake cupcakes in ice cream cones and then decorate them	Make a fresh smoothie	Learn about stargazing and find as many constellations as you can!	