

Nature is the Best Medicine

Take a picture and share on social media using #naturebestrx

FREE
Summer
PASSPORT
PROGRAM



Healthy Kids
BRANTFORD-BRANT

CITY OF
BRANTFORD

COUNTY OF
Brant Simply Grand

Brantford.ca/NatureIsBest

JULY

Passport Activity	Description	Added Value
Take a splash pad tour	VISIT ALL AREA SPLASH PADS - Bridle Path Park, Brantford - Burford Community Centre, Burford - Harmony Square, Brantford - Lions Park, Paris - Mohawk Park, Brantford - NEW! Tutela Park, Brantford - Sunny Hill Park, St. George	Pick a hot day, pack a picnic and enjoy!
Play a round of disc golf	8 Green Ln., Paris	Pack a picnic and play a round
Visit a nature park	Mt. Pleasant Nature Park, 755 Mt. Pleasant Rd., Mt. Pleasant	Stocked ponds for fishing are open to the public. Check out all of the wildlife!

The City of Brantford is proud to offer over 60 playgrounds throughout the City. To find a playground or park near you visit Brantford.ca/Parks

# 1 - Playground tour	Newly updated - Mohawk Park, 51 Lynnwood Dr., Brantford	
# 2 - Playground tour	Newly updated - Spring Street Buck Park, 59 Spring St., Brantford	
# 3 - Playground tour	Newly updated - City View Park, Terrace Hill and McMurray St., Brantford	
# 4 - Playground tour	Newly updated - Grandwoodlands Park, 20 Baxter St., Brantford	
# 5 - Playground tour	Newly updated - Orchard Park, 29 Brisbane Blvd., Brantford	
# 6 - Playground tour	Newly updated - Cockshutt Park, Sherwood Dr., 275 Dufferin Ave., Brantford	
# 7 - Playground tour	Newly updated - Preston Park, 275 Dufferin Ave., Brantford	
#8 - Playground tour	Newly updated - Pleasant Ridge Park, 20 Elderwood Avenue, Brantford	
#9 - Playground tour	Newly updated - Moose Park, 40 Webling St., Brantford	

The County of Brant has a diverse group of playgrounds, rest areas and much more to play, stay and relax in Brant. To find a park near you visit Brant.ca/Parks

#10 - Playground tour	King William Park, 52 King William St., St. George	
#11 - Playground tour	Axton Park, 5 Schuyler St., Paris	
#12 - Playground tour	Lions Park, 36 Laurel St., Paris	
#13 - Playground tour	Rising Park, 5 Brook St., Glen Morris	
#14 - Playground tour	Burford Lions Art Cadmen Park, 78 Maple Ave, N. Burford	
#15 - Playground tour	Foxhill Heights Park, 13 Farrow Rd., Brantford	
#16 - Playground tour	Brant Oakland Onondaga Park, 20 Kingsmount Crescent, Brant	
#17 - Playground tour	Mt. Pleasant Park, 555 Burtch Rd.	
#18 - Playground tour	Oakland Community Centre Park, 3 King St. North, Oakland	

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#19 – Playground tour	Burford Community Centre Park, 14 Potter Dr., Burford	
#20 – Playground tour	31 Forest Dr., Paris	
#21 – Playground tour	Rest Acres Ridge Park, 40 Long Ln., Paris	
#22 – Playground tour	Optimist Park, 81 Simcoe St., Scotland	
Her Majesty's Royal Chapel of the Mohawks	301 Mohawk St., Brantford, ON N3T 5L1N	Download the App Driftscape and take a tour of the grounds.
Hug a tree	Find 5 different types of trees in local parks, give them a hug!	
Tour the Grand River	Grab a tube or canoe and enjoy a ride down the Grand River from Paris to Brantford	
Discover the colours of nature	Take a walk and gather a variety of colorful items that can be found in nature. The more colors you can find the better! Have your child draw a picture of each item on a piece of paper using crayons that match the color of each.	This activity is a great way for your child to learn their colors, and to see how colorful nature can be!
Build a fairy house	Build Fairy House using natural items found on and throughout the trails! Take a photo, upload and add the hashtag #naturebestrx	
Community garden tour	Take a tour of the Equal Grounds Community garden. Visit Brantford.ca/Community-Gardens for a location near you! Garden location map https://www.brantford.ca/en/things-to-do/resources/Documents/Community-Gardens-Location-Map-R.pdf	
Nature mandala	Collect any pieces of nature you can find and arrange these in a mandala.	
Leaf rubbings	Choose some leaves with unique patterns or shapes cover the leaves with paper and rub the side of a crayon or oil pastel gently on the area over the leaf.	
Explore Brantford's history	Visit a historical site in Brantford, learn about its history and how it connects to our community now!	
Nature fort	Build a nature fort using items found in the forest.	
Plant a garden and include something special for the bees	Plant seeds, bulbs or trees. If you don't have any seeds, see how you can collect them from the fruits and vegetables you have in your own fridge.	Learn about pollinator friendly plants and plant some in your garden to attract bees and butterflies.
Mud pies	Add water and mud into buckets then flip over to create mud pies. Decorate with twigs, leaves and flowers.	
Nature fairy wands	Use anything found outdoors to decorate your own fairy wand!	
Backpack to nature	The Recreation and Community Development Division in partnership with the County of Brant Public Libraries have created the Backpack to Nature Series. There are 8 themes and all backpacks are available to loan through your local branch. The backpack themes include: <ul style="list-style-type: none"> <input type="checkbox"/> Letterboxing <input type="checkbox"/> Snowshoeing <input type="checkbox"/> Stargazing (2 backpacks available) <input type="checkbox"/> Fishing <input type="checkbox"/> Gardening <input type="checkbox"/> Insects <input type="checkbox"/> Hiking <input type="checkbox"/> Birdwatching 	Try all 8
Cultural picnic	Go on a picnic and pack a snack from a cuisine you have never tried before!	